

tran-si-tion, *the act of passing from one condition, form or place to another*

in-Transition



Helping you get from here to where you want to be

April 2009

Welcome to the 2009 May newsletter!

Here in St. Louis, the weather has gone from spring to summer and back to spring in a week. I thought that only happened in Michigan!

My niece and her husband (in Traverse City, MI) are both celebrating a birthdays this month. So a big "Happy Birthday" to Lorilee Minindis and her wonderful husband Chris.

If your birthday falls this month, "Happy Birthday!" and many more. Not your birthday this month? As '*Soupy Sales*' used to say, "Happy UN-birthday!" ("Ice-T", Rapper & star of Law & Order grew up watching *Soupy Sales*)

I wish you a great month, no matter what you are celebrating.

It's May 2009!

A new month and a new chance to reach another resolution/goal.

Here hoping you've seen success in your April resolution - now it's time to set a new one.

Remember, it takes 21 consistent days to make or break a habit. You will face some stress (*any time you make a change there is stress involved*) and it may seem like the people around you that you like, love - or don't like at all - are working against you, but keep on 'keeping on' and sooner than you think, you'll succeed.

[\(Newsletter Archives\)](#)

Skill #3 That Employers Are Looking For

These last 3 months I've been talking about a study by the Economic Research Institute in DC - What employers look for when they hire employees. If you've missed the articles, go to the archive section on my website to see what you've missed.

This month, we look at #3 - TEAMWORK.

Team work is more important than it has ever been. Some companies have been forced to lay-off or let go of employees. Employees everywhere are worried that the economic situation might hit their companies and their jobs may be lost.

Managers and staff alike are pressured to do more with less, the stress and frustration can be overwhelming.

It is important to work well together. Do not get caught up in gossip or backstabbing employees. That has been going on forever in offices and it probably always will. DO NOT let stress and/or fear affect your job and how you do it.

Keep your morale up. That may be difficult at times, but the alternative is an emotional and mental black hole that can drain your energy and enthusiasm. If Remember, there are times when it helps to take a step back and look at it from a different prospective.

We have choices in our life and our attitude. How we treat each other is one of those choices. It's been said, "Often the difference between a good day and a bad day is the attitude you choose during the day."

TRANSITION Seminars, has topics covering *"Building a Team From a group of Individuals"*, *"Creating a Positive Workplace," "Conflict & Confrontation"*. And the popular, *"When you work in a Zoo learn to talk to The Animals."*

We're here to help. (888) 474-9528.

Personal Safety & Crime Prevention

Days are getting longer, and spring is in the air. Cabin Fever is over. People are spending more time in their cars. Though Mother Nature is giving little teasers of warmer and drier weather, you still need to pay attention to what could happen.

- Always lock your door as soon as you get in the car.
When you are driving, make sure you have at least a half-filled gas tank.
- Women, always tuck your purse under the dashboard area or behind the seat. (yes it will make it more difficult for you - and a burglar - to reach)
- Stop talking on your cell phones while driving. I say a roll-over accident because someone got distracted by their cell phone and drifted in front of a truck.
- If you have a minor accident and you feel your life is in danger - go to a police station. **DO NOT GET OUT OF THE CAR!**
- Do not hand out your driver's license. Exchange name and phone numbers only.
- Be careful out there.
- Get **'STREET SMART', "because what you don't know can hurt you."**

To get your questions answered, send them to -streetsmart@DonnaLBaylor.com